



ರಾಜೀವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಕರ್ನಾಟಕ

4ನೇ 'ಟಿ' ಬ್ಲಾಕ್, ಜಯನಗರ, ಬೆಂಗಳೂರು - 560 041

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Ref. : RGU/Sports/23rdAICAM/01/2025-26

Date : 17.10.2025

RGUHS 23rd ANNUAL INTER COLLEGIATE ATHLETIC MEET 2025-2026

From 18th to 20th November 2025.

Nasha Mukth RGUHS for Nasha Mukth India

To,

The Principals of all Colleges
Affiliated to RGUHS.

Sir/Madam,

Sub: RGUHS 23rd Annual Inter Collegiate Athletic Meet 2025-2026.

Ref: Approval of the RGUHS Sports Calendar of Events for the year 2025-26
dated 01.07.2025.

We are glad to bring to your kind notice that RGUHS 23rd Annual Inter Collegiate Athletic Meet cum University selection trials for the year 2025-2026 will be held from 18th to 20th November 2025, hosted by Alva's Ayurveda Medical College, Moodubidire, Karnataka. Hence, I kindly request you to send your college athletic team to participate in this athletic meet to make the meet a grand success and a most memorable one.

The colleges participating in this meet will have to send the detailed entries in the prescribed registration form through the online link:

https://docs.google.com/forms/d/e/1FAIpQLSd_fAIzrWxCQ4_M6Rs9KIIIGKXQVKUdSK6s57zsgEJlrQ09DQ/viewform.

11.11.2025 will be last date for online registration.

An athlete can take part in 5 individual events (3 track & 2 field or 3 field & 2 track events) & both the relays. Competitions for the following events will be conducted, and entries may be sent to these events only. All the undergraduates, interneers, and postgraduate students are eligible to take part in this Athletic Championship. Only two students per college are allowed to participate per event. However, for selection of a university athletic team, the eligibility prescribed by the AIU will be mandatory. Kindly note that an event that has less than 4 competitors will not be conducted.

Smoking and the consumption of alcohol & drugs on campus are strictly prohibited. Any in disciplinary behaviour/misconduct by any of the athletes will be viewed seriously, and it will be referred to the Jury of Appeal for necessary disciplinary action.

Generally, protest is discouraged. However, a protest may be accepted if made as per the Athletic Federation of India Rule. The order of events is subject to alteration. Eligibility: The proforma duly signed by the principal & physical education director shall have to be handed over to the convener on arrival.

Further, for any queries, you may contact Sri. Avinash, Physical Education Director, Alva's Ayurveda Medical College, Moodubidire, & Convener RGUHS 23rd State Level Annual Inter Collegiate Athletic Meet 2025-26.

On behalf of the University, we extend a very cordial welcome to this Annual Inter collegiate Athletic Meet 2025-26.

DEPUTY REGISTRAR
RGUHS, Bangalore

Copy to:

1. Physical Education Directors working in affiliated colleges of RGUHS for kind information & needful action.
2. Sri. Avinash, PED, AAMC, Moodubidire for necessary action



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Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

4th T Block, Jayanagar, Bangalore – 560 041

**RULES & REGULATIONS
INSTRUCTIONS TO THE PARTICIPANTS**

1. Competitions will be held according to AFI & AIU rules and regulations.
2. While reporting the team should submit typed RGUHS Eligibility proforma (available in RGUHS website: www.rguhs.ac.in) in triplicate duly filled and signed by the Principal of the college & PED.
3. Event Fees per athlete for each event is Rs.100/-and for each Relay Team is Rs.400/-which has to be paid while sending entries through QR Code. Attached.
4. College Identity card, SSLC Mark card, Aadhar Card should be produced while reporting the team for the verification of date of birth.
5. No team will be allowed to participate without Team Manager preferably Physical Education Director.
6. Unfurnished accommodation will be provided to the teams on prior request mentioning the number of participants (Please bring your own lock and Key for safety).
7. The decision of the technical Committee will be final.
8. **Competition will be conducted in Synthetic Track. So, Athletes are requested to bring spikes with synthetic nails.**
9. All the participating team should bring their College Flags and also they should take part in the inaugural function and "March Past on 18th November 2025 at 10:00 am in Swaraj Maidan. Trophies will be awarded for best march Past (first 4 teams).
10. Accommodation will be given from 17.11.2025.

List of Events

SN	Event Name	Event for
1	100 mtrs Run	M & W
2	200 mtrs Run	M & W
3	400 mtrs Run	M & W
4	800 mtrs Run	M & W
5	1500 mtrs Run	M & W
6	5000 mtrs Run	M & W
7	10000 mtrs Run	M & W
8	110 mtrs Hurdles	M
9	100 mtrs Hurdles	W
10	400 mtrs Hurdles	M & W
11	Shotput	M & W

Event Code	Event Name	Event for
12	Discus Throw	M & W
13	Javelin Throw	M & W
14	Hammer Throw	M & W
15	Long Jump	M & W
16	High Jump	M & W
17	Triple Jump	M & W
18	20 kms Walk	M
19	5 kms Walk	W
20	4x100 mtrs Relay	M & W
21	4x400 mtrs Relay	M & W
22	Steeple Chase	M & W

Best Athlete & Team Championship in Men & Women sections will be decided on the following points:

Position	Points for Events	
	Individual	Team
1st	5	10
2nd	3	6
3rd	2	4
4th	1	2

We solicit your whole-hearted co-operation for the successful completion of the RGUHS Athletic Championship 2025-26.

Note: The last Date of receiving entries is 11.11.2025 before 5pm.

Encl: Google Form link to make registration for the events.

QR Code for payment

Payment link: <https://p.ppsl.io/PYTMPS/Lko8dk>



DEPUTY REGISTRAR
Dept of Sports
RGUHS, Bangalore

Aravind
17.10.25